

# Stepping Up!

## YP High School Career Conversations

11:00-11:05	<p><b>Introduction of YP Careers:</b> Four YP volunteers (Chiropractor, Attorney, Engineer, Graphic Artist, Management) introduce their careers. <i>(name &amp; current job title, type of degree they have, # of years in current career or job position)</i> <b>Hand out the Student-Pre Survey</b></p>
11:05-11:30	<p><b>YP Member: Their story presented.</b> <b>Each YP Member should take about 5-10 minutes to talk about their personal experience.</b> How did you know which job career to pursue based off of what you were “passionate” about? Choosing a university that excels your career choice? What experiences occurred that may have caused you to change your mind on a career path? What do you wish you would have know ahead of time before you entered the job market after graduation? What types of job opportunities were helpful in building your work experience?</p>
11:30-11:40	<p><b>Discussion &amp; Answer period after each YP presenter.</b> <b>Question:</b> Why is this an important question to start thinking about? What types of experiences will make you stand out on your resume? <b>Answer:</b> <i>When you graduate...potential employers are looking for a degree in coordination with work experience</i></p>
11:40-11:45	<p><b>5 min Brainstorming Questions:</b> Ask students how many currently have jobs (ask them what they do) Ask students how many of them volunteer (ask them what they do) Tell them how their current jobs are creating “job experience” for their future</p> <p>Building Job Experience—for example: If you were going to be a <u>nurse</u>, what types things could you do to gain nursing experience before you graduate from college? <i>(write ideas on white board-see samples below of nurse, banking or another profession)</i></p>
11:45-11:50	<p><b>Hand out the Student-Post Survey</b></p>

If students aren't asking a lot of questions, have YP presenters take the lead in discussion.

### *Examples of experience for building career:*

#### NURSE:

- work in a nursing home as a CNA (certified nurses assistant) or volunteer at hospital
- Volunteer at the Salvation Army or Red Cross
- CPR certified or any other medical certifications
- Donating blood or help out when doing blood drives

#### BANKING

- Job shadowing –ask students if they know what this is?
- Internship at a bank –ask students if they know what this is?
- Start as a teller to learn ropes of operations
- Have mentor –ask students if they know what this is?
- Join civic groups like Jaycees, Toastmasters, etc...
- Join YP for networking –ask students if they know what networking is?

If you need filler time, you can talk about the importance of MySpace, Facebook, how to dress for an interview, etc....